

Physiotherapy priorities – top ten questions

Position	Questions
1	When health problems are developing, at what point is physiotherapy most/least effective for improving patient results compared to no physiotherapy? What factors affect this?
2	When used by physiotherapists, what methods are effective in helping patients to make health changes, engage with treatment, check their progress, or manage their health after discharge?
3	What are the best ways to deliver physiotherapy services to meet patients' needs and improve outcomes for patients and services?
4	To stop health problems occurring or worsening, what physiotherapy treatments, advice or approaches are safe and effective? Where more than one treatment/approach works, which work best and in what dose?
5	What are patients' expectations regarding recovery, how do these compare to physiotherapists' views and, where recovery is not possible, how is this managed?
6	How does waiting for physiotherapy affect patient and service outcomes?
7	What parts of physiotherapy treatments cause behaviour change or physical improvement?
8	What approaches are effective for enabling parents, relations or carers to support physiotherapy treatment or to help patients to manage their own health problem?
9	How is patient progress and/or the results of physiotherapy treatment measured? How is service performance measured and checked?
10	How can access to physiotherapy be improved for groups who have reduced access?