Rehabilitation, recovery
and reducing health inequity:

Easing the pain

Right to Rehab Wales

The Right to Rehab campaign in Wales is at the forefront of campaigning
on health inequalities. We believe everyone should get rehab when they need it.

In recent years the campaign has been successful in highlighting the needs of
many people who require community rehabilitation that are not met. Without
access to high quality, community-based rehabilitation, people will continue to
be driven towards the most expensive parts of the health and social care system,
such as A&E and secondary care.

The Healthier Wales strategy sets out a more personalised, preventative and
integrated approach to health and social care, that takes account of social,
physical, psychological and mental health needs.

The Right to Rehab Campaign identified the need for robust quality standards
in community rehabilitation to be developed, to be used by everyone involved
in commissioning, delivering and/or receiving community rehabilitation
services.

Now our focus in on delivering change, and we continue to make
recommendations.

People in the poorest communities have a 60% chance of being diagnosed with a long-term condition.

Poor health costs the UK economy an estimated £138 billion per year due to absence and impact on productivity at work.

Government recommendations:

This is why we are calling on the Government to:

- Consolidate commitments and measures to tackle health inequalities in one delivery plan to improve accountability.

- Commission an equality assessment of rehabilitation services.

- Ensure arrangements are in place to improve data to support health equity.

- Implement the health inequalities goals of national strategies including Race Equality Action Plan: An Anti-Racist Wales, LGBTQ+ Action Plan for Wales and the commitments in The Quality Statement for women and girls' health.

- Ensure future rehabilitation quality statements and frameworks prioritise equity.

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