

# Placement profile

**Names and roles**      **Sam Evans**  
**Student Physiotherapist, University of Bradford**



**Organisations**      Split Community Placement at Airedale Hospital and  
Castleberg Hospital, Yorkshire

## Placement overview

No two days were the same, as the service aims to tailor to the needs of the patients. A typical day working in the community consists of a morning handover with the MDT, patient allocation and then planned visits with another member/members of the team. During a visit, we currently complete a temperature/covid symptom check, in addition to initial assessments/frequently reassessing observations and NEWS, falls, nutrition and pressure ulcer risk; provide enablement (personal/domestic activities of daily living), medication prompts, nutritional support, personal cares, self-care education, in addition to specific input from physiotherapy such as general, mobility and stairs assessments, daily mobility practice, exercises, gait education, provision of walking aids and education. Each visit we re-assessed the needs of the patient and plan for future visits or refer onwards when appropriate. Each patient is Covid swabbed and PPE is worn throughout all patient interactions as per guidelines.

I have been fortunate enough to work with various members of the MDT and have had the opportunity to develop a better understanding and awareness of each of their roles and the input they provide. I had previously had no experience in providing nutritional support, personal cares, medication prompts and enablement, but due to the collaborative nature of the team, we all contribute to delivering the packages of care and as such I have been able to be more holistic in my approach to community and develop these skills.

**Supervision:** 1:1, face to face, inter professional, team based supervision

### Lessons learnt:

1. Collaborative approach of the team - gained a better understanding and awareness of the roles within the MDT and the input they provide; allowed me to develop new skills
2. Opportunity to work across 2 sites
3. Encouraged to shadow other teams that work alongside ACCT to gain better understanding of pathways/referrals

### Top tips for others:

- "Try and work with as many people from across the MDT as possible to develop awareness and understanding of collaborative care"
- "Be open minded and be prepared to engage in things you that you might not be familiar with/comfortable with"
- "See the current Covid situation as a learning experience"